

National Soup Month –
Traditional and Unusual Soups
served throughout the month.....

JANUARY

Burns Night is annually celebrated in Scotland on or around **January 25th**. It commemorates the life of the *bard* (poet) Robert Burns, who was born on January 25, 1759. The day also celebrates Burns' contribution to Scottish culture. Try our Chefs Haggis.....

FEBRUARY

**7th -14th February
Bramley Apple Week**

Join us in a celebration of the bi-centenary the versatility of the world's best cooking apple! 'King of Cooking Apples', the Bramley apple is a favourite in pies, crumbles and other desserts and also in savoury dishes.

MARCH

Join us for **National Noodle Month** – a Variety of dishes served throughout the Month....

**14th February 2010 -
Chinese New Year - Year
of the Tiger**

“Kung Hei Fat Choy!” (Happy New Year in the Chinese Language)
The traditional Chinese Lunar Year begins at sunset on the day of the Second New Moon following the Winter Solstice. Chinese New Year celebrations last for 15 days and end on the full moon with Teng Chieh. Why not celebrate with us, enjoying an authentic Chinese Dish prepared by our chefs!

APRIL

Celebrate **St Georges Day** on the **23rd April** with tradition English Dishes – Hot Pots & Stews, Roast Dinners, Fish & Chips.....

SEPTEMBER

British Cheese Week

25th September - 3rd October 2010
For all those cheese lovers, a week to celebrate and sample the best of British Cheese!!

OCTOBER

Seafood Month

1st-31st OCTOBER
Join in the fun and help celebrate National Seafood Month. Enjoy seafood all year long, but particularly in October.

NOVEMBER

National Curry Week
21st 27th November

DECEMBER

As well as our Bar Food Menu, we will be serving a traditional 3 course **Christmas Fayre Menu**, Lunch and Dinner, throughout December.



24th – 30th May Vegetarian Week

We are supporting the annual awareness-raising campaign promoting inspirational vegetarian food and the benefits of a meat-free lifestyle. Now in its eighteenth year, National Vegetarian Week is a great opportunity to look at food and its impact on the environment, animals and health.

16th-23rd May British Sandwich Week

Asparagus Season – May & June

The British asparagus season is a highlight of the foodie calendar. The first spears appear at the end of April but the season lasts just eight weeks so we need make the most of each delicious bundle while we can!

National BBQ Week

31st May-6th June

National Papaya & Mango Month

They can be eaten raw or cooked in desserts and the taste has been described as a cross between Mango and peach, though generally milder in flavour. Join us to see how our Chefs incorporate Papaya into our dishes.

JUNE

JULY

National Ice Cream Month

Normally celebrated by the US, this month was designated by Ronald Reagan due to the popularity of this dessert. Come along to taste our Chef's delightful Homemade Ice Cream!

Peach Month. The perfect time to celebrate and enjoy the benefits and taste of these full-of-goodness fruit whilst they are at the peak of perfection. Join us to see the many ways to incorporate them into the diet in both savoury and sweet dishes.

AUGUST

Hey foodies! Did you know that this is the **month** to give a nod to the **panini**? That's right - August is **National Panini Month**

Stables Bar



What's on in 2010...

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