

Best Western Manor House Hotel **Swimming Club Application Form**

Name

Address

Postcode _____

Date of Birth _____

In case of emergency, please contact _____

Name _____

Telephone Number _____

Attached are the current rules and regulations governing membership of the Best Western Manor House Hotel Swimming Club. Please read them thoroughly and ask a member of the Reception Team or the Duty Manager should you have any queries.

Please answer the following;

Do you suffer from heart disease? _____

Do you suffer from Epilepsy? _____

Are you a competent Swimmer? _____

Date of Application

This is to certify that I have read and understood all terms and conditions laid out by the attached document.

Signature

Staff Member

Membership Type

Membership Fee's

Joining Fee / Annual Fee

A joining fee of £25 will be charged to **ALL NEW** members. This will then be paid on an annual basis by all casual members.

Casual Membership:

16 years and over £2.50

5 – 16 years £1.50

Under 5 years £1.00

(all per swim)

Full Memberships:

4 Weekly Membership

Individual Membership	-	£30.00
Joint Membership	-	£48.00
Family Membership	-	£68.00
Over 60's	-	£24.00
Over 60's Joint	-	£46.00

Annual Membership

Individual Membership	-	£365.00
Joint Membership	-	£480.00
Family Membership	-	£680.00
Over 60's	-	£240.00
Over 60's Joint	-	£440.00

Guests of a Full or Casual member holder will be charged the daily swim rates.

Payments can be made by cash, cheque, debit or credit cards

MANOR HOUSE HOTEL
SWIMMING POOL INFORMATION

Opening Times:

Monday – Sunday (7 am - 9 pm)

Last entrance will be at 8.30 pm. The pool will close at 9 pm. Entry is NOT PERMITTED outside of these times.

The Town House Nursery use the pool on a Monday & Tuesday from 9.30 am-10.30 am and Excalibur Pre-School on Wednesday 10.00am – 10.30am. You are able to use the pool but most people prefer not to. Puddleducks have **exclusive** use of the pool during school term times on a Thursday and Friday between 9.15 am to 11.45 am and on a Sunday 11.45 am - 1.15 pm – members are not able to use the facilities during these times.

There is an adults only swim from 8.00pm till 9.00pm where NO children will be allowed to use the pool.

The pool will close the first Wednesday of the month for maintenance during the morning from 8 am until 12 pm approximately. (On occasion, out of our control, this does change and we will endeavour to notify you as soon as we can).

Facilities:

SWIMMING POOL

A 15 metre swimming pool with a depth from 1 metre to 1.3 metres. Suitable for relaxation, keep fit and rehabilitation.

JACUZZI BATH

A 6 seater Jacuzzi bath with multi power jets for relaxation

Lounge and Stable Bar Areas

Don't rush off. Relax and have a drink, quick snack or meal.

Healthy options on the menu for swimming club members.

Full membership entitles you to 10% off all food in Stables Bar at the Manor House Hotel, please ask Reception for your discount voucher any time you visit. The membership card holder must be present to obtain the food discount.

Children:

A child is classed as anyone under the age of 16 years. Children must be accompanied in the swimming pool by an adult at all times.

Between the ages of 0 -8 years, with one to one supervision

Between the ages of 9 -16 years, with two to one parental supervision

Over the age of 16, unsupervised as long as they are able to swim competently

Less Able Members:

We will do our best to accommodate people with special needs. Please speak to the Duty Manager who will be happy to assist.

Restricted Items:

INFLATABLE TOYS AND BALLS

None of the above should be brought into the pool area. You may bring swimming aids such as arm bands and swimming floats. If you are not sure, please check with the Duty manager.

MOBILE PHONES, CAMERAS AND OTHER ELECTRONIC EQUIPMENT

These may not be used in the changing rooms or pool area without prior permission from the General Manager.

Prohibited Items:

FOOD AND DRINK

No food or drink are allowed in the swimming pool or changing rooms

GLASS

No glass is allowed into the swimming pool or changing rooms

OUTSIDE FOOTWEAR

No outside shoes to be worn in the swimming pool area

SHAMPOO AND CHEMICALS

No shampoo or any other substances to be brought into, or used in the swimming pool area.

Jacuzzi:

We strongly suggest you don't use the Jacuzzi if you suffer from / are any of the following: Pregnant, High Blood Pressure and Dizzy Spells. In addition your doctor may advise you not to use the Jacuzzi for different reasons. Children under the age of 16 are not permitted in the Jacuzzi.

Fire Procedure:

If you discover a fire:

1. Operate the nearest fire alarm (Break Glass Point by Exit)
2. Reception will call the Fire Brigade upon hearing the alarm
3. Do not tackle the blaze unless trained and or confident to do so

4. Leave the building by the nearest exit, closing all windows and doors behind you (if it is safe to do so)
5. Make your way to the fire assembly point opposite the main entrance and report any information to the Fire Marshall.

On hearing the fire alarm

1. Leave by the nearest fire exit, closing all windows and doors behind you (if it is safe to do so)
2. Do not stop to collect personal belongings
3. Make your way to the fire assembly point opposite the main entrance. Emergency blankets and towels will be available.
4. A member of staff will take the roll call of all swimmers
5. Do not re-enter the building unless told by the Fire Marshall.

Safety:

NUMBERS

No more than 20 people will be allowed in the swimming pool at any one time. No more than 6 people will be allowed in the Jacuzzi at any one time.

BEHAVIOUR

All members should be courteous to each other and be aware of others enjoyment of the swimming pool. There should be no misbehaviour of any kind including but not restricted to: NO Running, and NO Dunking. If you are interfering with other members enjoyment of the pool you will be asked to vacate the pool and no refund will be given. You must obey the list lists of restricted and prohibited items.

DIVING AND BOMBING:

For everyone's safety these are strictly forbidden as the pool is far too shallow for this.

ABILITY:

Please be aware of your own restrictions, there is no lifeguard on duty at anytime. You must be a competent swimmer to use these facilities or accompanied by a competent swimmer who is taking responsibility for you.

MEDICAL CONDITION:

If you are unsure if any medical condition may effect your safety whilst using the swimming pool or Jacuzzi please consult your doctor. Please could you advise us of all relevant medical conditions that may be relevant in a case of emergency.

EMERGENCY CONTACT:

You must advise us of one or more emergency contacts and the relevant telephone number on which they may be reached whilst you are using the facilities.

IN CASE OF EMERGENCY:

To contact reception lift the phone receiver on the wall between the changing room doors and dial **0** (zero). Reception will contact the necessary emergency service if required and locate the Duty First Aider as well as the Duty Manager.

SIGNS:

Members must obey all relevant signage and instructions in the swimming pool and changing rooms at all times.

CLOSURES:

The swimming pool may be subject to closure periodically for routine maintenance or reasons out of our control. We will try our best to inform you as soon as possible and keep you updated. There will be no compensation for less than 48 hours. Anything over this period will be at the discretion of the General Manager and only available upon application. Each case will be considered individually.

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Guests, Residents, Non-members & Staff

Members Guests

A member may bring a guest with them at any time. They will need to sign in to become a temporary member for that visit only.

Intone

Members of intone are able to use the pool at the cost of £2.50 per session. Your Intone membership card must be produced to gain entry at all times.

Hotel Residents

For a hotel guest to use the swimming facilities they must become a temporary member. Hotel guest can use this facility free of charge.

Hotel Staff

A member of hotel staff can use the pool during normal opening times only. There will be no charge to use the pool and they may also bring one guest for a rate of £2.00. Additional guests are only allowed if they are immediate family members such as a partner or child. The member of staff is responsible for their guest while on hotel property. They may not use the pool if there are more than 15 people using it or they restrict the use of the pool for paying members / guests. They must be kind and courteous to other pool users at all times. The staff member and their guest must sign in as temporary members and therefore agree to all the terms and conditions there in.